

## **Dilara Keşşafoglu**

Koç University  
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### **EDUCATION**

- 2020 – Present **Koç University**, Istanbul, Turkey  
M.A. in Developmental Psychology  
*Graduation Degree: GPA -/4.00*  
Advisor: Prof. Aylin Küntay
- 2014 – 2019 **Kadir Has University**, Istanbul, Turkey  
B.A. in Psychology  
*Graduation Degree: GPA 3.90/4.00*

### **HONORS**

Graduate Scholarship, Full Tuition Waiver, Koç University

Ranked 1<sup>st</sup> within the university and awarded with an honor degree, Kadir Has University

Honor Scholarship (awarded due to the ranking in the department), Kadir Has University

- 2016-2017- 75%
- 2017-2018- 100%
- 2018-2019- 100%

### **PUBLICATIONS**

Uzundağ, B. A., Altundal, M. N., & **Keşşafoglu, D.** (2022). Screen Media Exposure in Early Childhood and its Relation to Children's Self-Regulation: A Systematic Review. *Human Behavior and Emerging Technologies*. <https://doi.org/10.1155/2022/4490166>

Uzundağ, B. A., Oranç, C., **Keşşafoglu, D.**, & Altundal, M. N. (2022). Relations Among Self-Reported Maternal Stress, Smartphone Use, and Mother-Child Interactions. *Journal of Child and Family Studies*. <https://doi.org/10.1007/s10826-022-02371-5>

Uzundağ, B. A., Oranç, C., **Keşşafoglu, D.**, & Altundal, M. N. (2022). How Children in Turkey Use Digital Media: Factors Related to Children, Parents, and their Home Environment. In: Şen, H.H., Selin (Retired), H. (Eds) *Childhood in Turkey: Educational, Sociological, and Psychological Perspectives*. *Science Across Cultures: The History of Non-Western Science*, vol 11. Springer, Cham. [https://doi.org/10.1007/978-3-031-08208-5\\_10](https://doi.org/10.1007/978-3-031-08208-5_10)

Uzundağ, B. A., **Keşşafoglu, D.**, Altundal, M. N., & Erdoğan, Ş. N. (in press). Dijital Dünyada Ebeveyn-Çocuk Etkileşimi ve Çocukların Bilişsel Gelişimi [Parent-Child Interaction and Children's Cognitive Development in a Digital World]. In M. Ekerim (Eds.), *Sosyal Zihin: Bilişsel Gelişimde Sosyal Etkileşimin Rolü*. Vakıfbank Kültür Yayınları.

Uzundağ, B. A., **Keşsafoğlu, D.**, & Altundal, M. N. (in press). Dijital Dünyada Erken Çocukluk: Ekran Kullanımı ve Öz Düzenleme Becerileri Arasındaki İlişki [Early Childhood in a Digital World: The Relationship Between Screen Media use and Self-Regulation]. In F. Karaman and A. Özdeş (Eds.), Değişen Dünyanın Gelişen Çocukları: Dijital Teknolojinin Çocuk Gelişimi Üzerindeki Etkileri. Nobel Akademi Yayıncılık.

**Keşsafoğlu, D.**, Yıldız, E., Uzundağ, B. A., & Küntay, A. (under review). Background Television and Child-Directed Language Input: A Home Observation Study.

**Keşsafoğlu, D.**, Altundal, M. N., Koç, N., Yıldız, E., & Uzundağ, B. A. (under review). Correlates of Young Children Screen Time: Factors Related to Children, Parents, and Home Environment.

**Keşsafoğlu, D.**, Mutlu, E., & Uzundağ, B. A. (under review). Interruptions in Mother-Child Interactions: Does Maternal Smartphone Use Prevent Children Word Learning from Their Mothers?

Yıldız, E., **Keşsafoğlu, D.**, Altundal, M. N., Akel, G., & Uzundağ, B. A. (under review). Parenting Stress and Parents' Problematic Phone Use Mediate the Relationship Between Child Effortful Control and Technofence.

## **PRESENTATIONS**

**Keşsafoğlu, D.**, Küntay, A., & Uzundağ, B. A. (2023, August). Can A Crab Walk in The Air or Walk Through Walls? Impact of Watching Fantastical Content on Young Children's Cognitive Skills. Poster session to be presented at the 8th Lancaster International Conference on Infant and Early Child Development.

**Keşsafoğlu, D.**, Sayım, B., Altundal, M. N., Küntay, A., & Uzundağ, B. A. (2023, August). Relations Among Screen Use at Home, Child Attention Problems, and Executive Function Skills. Poster session to be presented at the 8th Lancaster International Conference on Infant and Early Child Development.

**Keşsafoğlu, D.**, Uzundağ, B. A., Yıldız, E., & Küntay, A. (2023, January). Background Television and Child-Directed Language Input: A Home Observation Study. Poster session presented at the 13th Budapest CEU Conference on Cognitive Development.

Yıldız, E., **Keşsafoğlu, D.**, Altundal, M. N., Akel, G., & Uzundağ, B. A. (2023, January). Parenting Stress Mediates the Relationship Between Child Effortful Control and Technofence. Poster session presented at the 13th Budapest CEU Conference on Cognitive Development.

**Kessafoglu, D.**, Altundal, M. N., Koç, N., Yıldız, E., & Uzundağ, B. A. (2022, September). Correlates of Young Children's Screen Time. Poster session presented at the 3rd Developmental Psychology Symposium. Koç University, Istanbul, Turkey.

Yıldız, E., **Keşsafoğlu, D.**, Altundal, M., Akel, G., & Uzundağ B. A. (2022, September). Parents' Perceived Social Support Moderated the Relation between Parenting Stress and Children's Effortful Control. Poster session presented at the 3rd Developmental Psychology Symposium. Koç University, Istanbul, Turkey.

Uzundağ, B. A., Altundal, M. N., & **Keşsafoğlu, D.** (2022, September). Screen Media Exposure in Early Childhood and its Relation to Children's Self-Regulation: A Systematic Review. Poster session presented at the 3rd Developmental Psychology Symposium. Koç University, Istanbul, Turkey.

**Keşsafoğlu, D.**, Altundal, M. N., Koç, N., Yıldız, E., & Uzundağ, B. A. (2022, August). Correlates of Young Children's Screen Time. Poster session presented at the 7th Lancaster International Conference on Infant and Early Child Development.

Yıldız, E., **Keşşafoglu, D.**, Altundal, M., Akel, G., & Uzundağ B. A. (2022, August). Parents' Perceived Social Support Moderated the Relation between Parenting Stress and Children's Effortful Control. Poster session presented at the 7th Lancaster International Conference on Infant and Early Childhood Development.

**Keşşafoglu, D.**, Mutlu, E., & Uzundağ, B. A. (2022, July). Interruptions in Mother-Child Interactions: Does Maternal Smartphone Use Prevent Children's Word Learning from Their Mothers? Poster session presented at the XXIII International Congress of Infant Studies, Ottawa, Canada.

Uzundağ, B. A., Altundal, M. N., & **Keşşafoglu, D.** (2022, January). Screen Media Exposure in Early Childhood and its Relation to Children's Self-Regulation: A Systematic Review. Poster session presented at the 12th Budapest CEU Conference on Cognitive Development.

Uzundağ, B. A., Altundal, M. N., & **Keşşafoglu, D.** (2021, November). Screen Media Exposure in Early Childhood and its Relation to Children's Self-Regulation: A Systematic Review. TMS Proceedings 2021. <https://doi.org/10.1037/tms0000108>

Uzundağ, B. A., Yıldız, E., Altundal, M. N., & **Keşşafoglu, D.** (2021, April). Screen Use at Home is Associated with Shorter Interactions with Objects in Infant-Caregiver Pairs. Poster session presented at the Biennial Meeting of the Society for Research in Child Development.

Uzundağ, B. A., Oranç, C., **Keşşafoglu, D.**, & Altundal, M. N. (2021, April). Higher Parental Stress Leads to Interruptions in Parent-Child Interactions due to Parents' Own Technology Use. Poster session presented at the Biennial Meeting of the Society for Research in Child Development.

Uzundağ, B. A., Yıldız, E., Altundal, M. N., & **Keşşafoglu, D.** (2021, January). Screen Use at Home is Associated with Shorter Triadic Interactions in Infant-Caregiver Pairs. Poster session presented at the 11th Virtual Budapest CEU Conference on Cognitive Development.

Sayım, B., Atalay, E., Örengül, A.Ş., **Keşşafoglu, D.**, Altundal, M.N., & Öner, S. (2020, November). Dil Karmaşıklığı ve Duygusal Anıların Fenomenolojisi Arasındaki İlişki. Poster session presented at İstanbul 29 Mayıs Üniversitesi 2. Psikoloji Öğrenci Kongresi, İstanbul, Turkey.

## **PROFESSIONAL AND UNIVERSITY SERVICE**

### ***Teaching Assistantships***

2022 Spring                    **PSYC 210 Issues in Psychology at Koç University.**  
Supervisor: Prof. Zeynep Cemalcılar

2021 Fall                      **PSYC 201 Scientific Methods in Behavioral and Social Sciences at Koç University.**  
Supervisor: Asst Prof. Çağlar Akçay

2021 Spring                   **PSYC 206 Life Span Development at Koç University**  
Supervisor: Ph.D. Candidate Gamze Turunç

2020 Fall                      **PSYC 100 at Koç University**  
Supervisor: Asst Prof Ayşe Altan-Atalay

### ***Research Assistantships***

2020 – Present                **Language and Communication Development Lab at Koç University**  
Supervisor: Prof. Aylin Küntay

- 2019 – Present **Child and Family Research Lab at Kadir Has University**  
Supervisor: Asst Prof. Berna Arslan Uzundağ
- 2019 – 2020 **Emotion and Memory Lab at Kadir Has University**  
Supervisor: Asst Prof. Sezin Öner
- 2019 – 2020 **Koç University**  
*In a collaborative project conducted by Koç University and University of Zurich*  
Supervisor: Postdoctoral Researcher Ebru Ger
- 2018 Fall **Kadir Has University**  
*In a project based on a thesis study run by an MSc student*  
Supervisor: Prof. Aslı Çarkoğlu

### ***Awards, Funding, and Other Support***

- 2023 – Present **Research Assistant & Scholarship Student at Max Planck Institute for Evolutionary Anthropology**  
(Project Title: A cross-cultural study of the development of gaze understanding)  
Supervisor: Postdoctoral Researcher Manuel Bohn
- 2023 – Present **Research Assistant & Scholarship Student at Kadir Has University (TUBITAK Project Number 119K854)**  
Supervisor: Asst Prof. Berna Arslan Uzundağ
- 2022 – 2023 **Research Assistant & Scholarship Student at Manchester University**  
(Project Number TWCF-2017-20261)  
Supervisor: Assoc Prof. Bahar Köymen
- 2020 – 2022 **Research Assistant & Scholarship Student at MEF University (TUBITAK Project Number 118K048)**  
Supervisor: Asst Prof. Beyza Ateş

### ***Mentoring***

- 2020 – Present **Research advisor for undergraduate students in Child and Family Research Lab at Kadir Has University**
- 2022 **Koç University Summer Research Program**
- 2021 **Koç University Summer Research Program**

### ***Conference Reviewer***

- 2023 **14th Budapest CEU Conference on Cognitive Development (BCCCD), Hungary**
- 2022 **13th Budapest CEU Conference on Cognitive Development (BCCCD), Hungary**

### ***Member of the Organizing Committee***

- 2022 **Developmental Psychology Symposium, Koç University, İstanbul, Turkey**

## **OTHER EXPERIENCES**

2022	<b>Forward Translation in the Adaptation Process for Pathological Concern Questionnaire (PCQ)</b>
2018 – 2019	<b>Voluntary Aids for Immigrant Children</b>
2018	<b>Internship in Anka Psychiatry Center</b>

## **ADDITIONAL INFORMATION**

**Languages**            English

**Computer**            MS Office Programs, SPSS, Qualtrics, ELAN, Jamovi